

Dear Valued Customer,

Please find below the guidelines received on 6<sup>th</sup> September 2009 from Dubai Health Authority to manage suspected cases of H1N1 Influenza, which is subject to revision as according to the evolving H1N1 Influenza situation.

### **Guidelines**

- Any case of influenza is to be considered H1N1 Influenza unless proven otherwise.
- Seek medical treatment immediately.
- Advice isolation for the suspected case at his/her residence. Isolation / quarantine is not advised for the close contacts of the cases.
- High risk group patients in unstable condition need hospitalized management. Case definition of high-risk group includes:
  - Pregnant women
  - Immuno-compromised clients
  - Patients with chronic disease conditions
  - Age category <5 years or > 65 years.
- Those coming in close contact with the suspected case should take general safety precautions e.g. wear masks when in close vicinity, avoid unnecessary close interaction, wash hands before and after the contact, etc.
- There is no need for performing the Rapid Test for screening of suspected H1N1 cases due to its low sensitivity and specificity.

Furthermore, if any suspected / confirmed cases of H1N1 Influenza is detected please inform **Emergency Control Center (04 8833111)** immediately. For more information, please contact us on 050 – 4579455, 050 – 6405869, 050 – 6552404, 050-4540386. Please ensure all such cases are reported for proper investigation.

Wishing you all the best of health.